# 3-5

# **NUTRITION!**

Healthy eating habits are an important part of staying healthy. Remember to make healthy choices and have some fun with food this week!

## LITERACY

- Make a list of 5-10 foods for each of the 4 food groups. Put the words in alphabetical order.
- Write a recipe for your favorite healthy snack. Remember to include the list of ingredients needed and the steps to follow.
- Make up a new, imaginary food for each of the four food groups. Give your new food a name and tell why it belongs in that food group. Draw a picture of your "new" food.





- Follow this link to the book <u>Pezzettino</u>
- Find the <a href="rhyme/oral story/thought">rhyme/oral story/thought</a> <a href="problem video:">problem video:</a> here
- Seven Day Magic Chapter 2 Part 1:
- Seven Day Magic Chapter 2 Part 2

#### **NUMERACY**

#### Two Truths & One Lie

Which of the statements below is a lie? Explain how you made your choice.







Mash Up Math - Can you find the value of each fruit?









Morning Math – Calorie Count Activity!

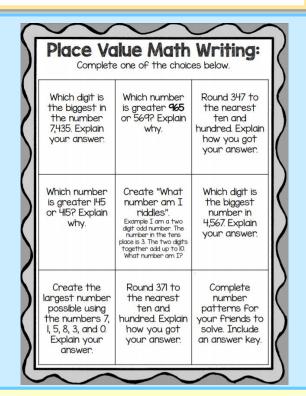




Week 5

May 4 - 8

- ✓ Try to read with a family member or on your own, for at least 30 minutes each day!
- Spend 30 minutes of your day being physically active!



#### REMINDER!

Don't forget to enter for your chance to win a new bike! Information can be found on the school website! ©

#### **SCIENCE**

Set up your own

Apple Toothpick Tower

Challenge!

#### Supplies:

- \* Apples (cut into small pieces ask an adult!)
- \* Toothpicks
- \* Paper Plates (optional)

Full instructions here

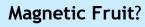


Check out this video about the DIGESTIVE SYSTEM!

Try these fun learning activities with **eggs!** 



science Snacks





COOL!

Try these choice boards for lots fun Math practice!

Grade 3 Choice Board

Grade 4 Choice Board

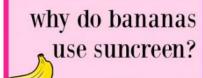
Grades 4 & 5 Multiplication
Choice Board

Minecraft Fan?

Get ready to tackle nutrition...

why was the baby strawberry sad?

his mom was in a lam



pecanze tyek beel



# MEALCRAFT





### **Build a model of your BRAIN!**

\*Grab some Play Doh and follow the instructions here to build your model, and learn what each part of your brain does!



#### ART

Sometimes it's okay to play with your food! What can you create from your healthy snacks this week?

\*Ask for a parent's permission and/or help!

Share your creations with us!





Another fun
Learn to Draw!