## 3-5

## NUTRITION!

Healthy eating habits are an important part of staying healthy. Remember to make healthy choices and have same fun with food this week!

## LITERACY

- Make a list of 5-10 foods for each of the 4 food groups. Put the words in alphabetical order.
- Write a recipe for your favorite healthy snack. Remember to include the list of ingredients needed and the steps to follow.
- Make up a new, imaginary food for each of the four food groups. Give your new food a name and tell why it belongs in that food group. Draw a picture of your "new" food.

º (®) $\begin{aligned} & \text { Developing literacy } \\ & \text { through story }\end{aligned}$
- Follow this link to the book Pezzettino
- Find the rhyme/oral story/thought problem video: here
- Seven Day Magic - Chapter 2 - Part 1:
- Seven Day Magic - Chapter 2 - Part 2


## NUMERACY

## Two Truths \& One Lie

Which of the statements below is a lie? Explain how you made your choice.
(1)
 The cookie is cut into thirds.
(2)

(3)


Mash Up Math - Can you find the value of each fruit?


Morning Math - Calorie Count Activity!

$\checkmark$ Try to read with a family member or on your own, for at least 30 minutes each day!
$\checkmark$ Spend 30 minutes of your day being physically active!


## REMINDER!

Don't forget to enter for your chance to win a new bike! Information can be found on the school website! :-

## SCIENCE

## Set up your own

## Apple Toothpick Tower

 Challenge!Supplies:

* Apples (cut into small pieces - ask an adult!)
* Toothpicks
* Paper Plates (optional)

Full instructions here $\square$


Check out this video about the DIGESTIVE SYSTEM! $\stackrel{\square}{\square}$ Try these fun learning $\square$ activities with eggs!

## science snacks



Magnetic Fruit?
 COOL!

Try these choice boards for lots fun Math practice!

## Grade 3 Choice Board

Grade 4 Choice Board
Grades 4 \& 5 Multiplication
Choice Board

wD! D U! SDM wow S!

Minecraft Fan?
Get ready to tackle nutrition...

Build a model of your BRAIN!
*Grab some Play Doh and follow the instructions here $\sqrt{ }$ to build your model, and learn what each part of your brain does!


ART
Sometimes it's okay to play with your food! What can you create from your healthy snacks this week?
*Ask for a parent's permission and/or help!
Share your creations with us!


